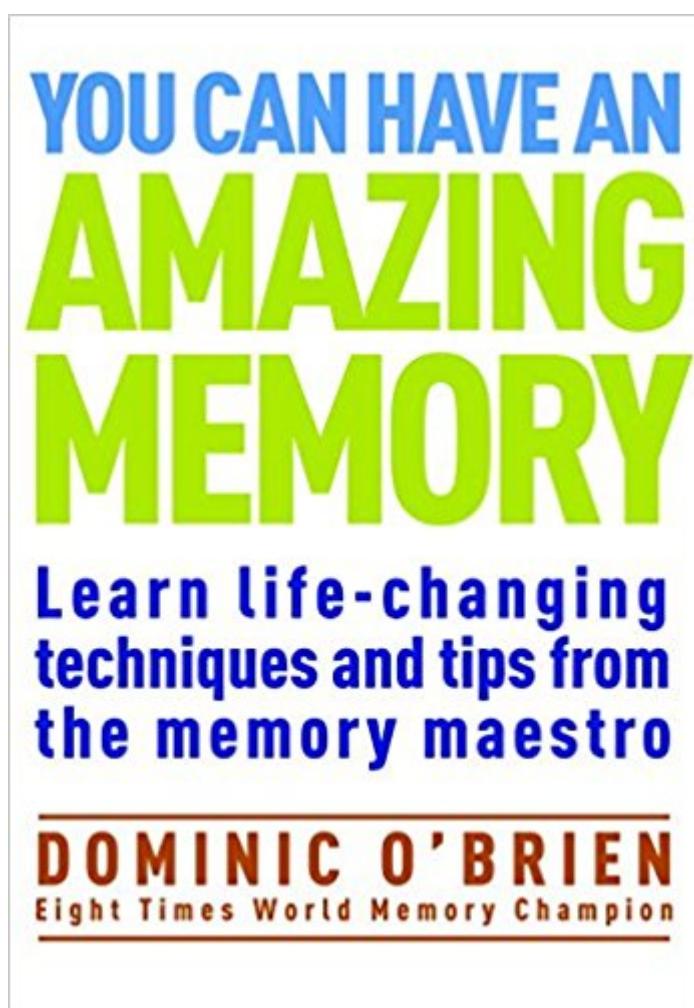


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You Can Have An Amazing Memory: Learn Life-Changing Techniques And Tips From The Memory Maestro



Synopsis

The world's greatest maestro of memory offers you the secret of a super-sharp memory - and all the life benefits that come with it.

Book Information

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Average Customer Review: 4.6 out of 5 stars 14 customer reviews

Best Sellers Rank: #159,454 in Books (See Top 100 in Books) #54 in Books > Self-Help > Hypnosis #119 in Books > Self-Help > Memory Improvement #201 in Books > Self-Help > Time Management

Customer Reviews

Dominic O'Brien is renowned for his phenomenal feats of memory and for outwitting the casinos of Las Vegas at blackjack. He has won the World Memory Championship eight times, holds a host of world records and was named Brain of the Year in 1994 and Grandmaster of Memory by the Brain Trust of Great Britain. He is President of the World Memory Sports Council. His books include Learn to Remember and How to Develop a Brilliant Memory Week by Week.

Dominic O'Brien backdrops his explanation of mnemonic techniques by telling his own story, which is quite inspirational. Also, he starts with the most simplistic, yet effective techniques and gradually builds on them to more complex ones. He explains why the techniques are effective and gives very clear examples of how to practice. He showed me that I do have a good memory, I just hadn't learned how to take advantage of it yet. The only downside is that he did not clearly show how to apply these techniques to the school setting, which would have been much appreciated. The techniques seem isolated to party-tricks, random lists, names, and phone numbers. I am still giving this book 5 stars because it read well and delivered what it said it would. I hope he refines these techniques for academia and then shares with the rest of us how to do it. Thanks for an inspiring story!

I enjoyed this book. It's the second I bought about memory techniques. It is written as a quasi autobiography, which some reviewers have had a problem with. I think it's a perfectly fine method because the author is explaining the advances in memory techniques as a chronological evolution--as they did with him, which adds some validity to the curriculum--and lends a natural linear flow to the systems presented--which is actually the techniques that he is teaching, come to think of it...duh! Though this book is a personal history, it is presented humbly, and I appreciate that. All in all I would say that short of taking a direct class with the man, this book is a good way to learn these techniques and he presents them well, with many calls to practice each technique.

Use his techniques and you will be amazed at how they will change your life.

A really good read with some excellent memory aids. Well worth the money

I purchased this book for my son, and he claims he is using these techniques daily and it has really helped him.

exactly as I expected

easy to read and learn, it works, I can recommend it to anyone whose memory is not so sharp anymore, try it, you won't regret it

I've learned a few systems to enhance my memory. I'm always looking for help to improve my life. Keeping inspiring me.

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